

Newsletter

A committed team's year of fundraising with over £35k raised so far and a Glitter Ball still to come



Tracey Robson, a keen supporter and avid fundraiser, has recruited a team of six local 'Mums': Charlie Tomlinson, Charlotte Hands, Kate Roweham, Emily Hendin, Anna Sommers and Alicia Drummond, the majority of whom have been touched by Motor Neurone Disease in some way. These dedicated ladies have formed themselves into a supreme fundraising team with the sole aim of raising as much money as possible for the Association in 2016/17.

The team have committed themselves to a series of fundraising events, which kicked off on 2nd December 2016 with the Christmas Fayre at Cumnor House School in Danehill, East Sussex. After working tirelessly in the planning, together with parents from the school, the final sum raised was over £30,000. In the run-up to the Fayre, a Friday tuck shop was run at the school, which in just two weeks raised over £700!

Events planned for 2017 included a Curry Quiz Night which took place on 9th February,

and raised £1,874.20 and an Art Exhibition, with highly acclaimed London artist Jeremy Houghton, on 16th March, which raised over £3,000.

The highlight of the fundraising efforts for 2017 will be 'The MND Glitter Ball' which will take place at the Amex Stadium in Brighton on Saturday 9th September. A great deal of work has already been undertaken to secure some fantastic prizes for the 'Tree of Life', as well as pledges and prizes secured for the live and silent charity auctions. The team are confident that it will be a sell-out event, with top London entertainment, a Casino, a DJ and some local celebrities in attendance – **see the flyer opposite for information and booking details.**

It's set to be a busy year, with lots of challenges and hard work, but thanks to the endless energy, enthusiasm and commitment of this amazing team, MND really will be put on the map in West Sussex in terms of local awareness and fundraising efforts, which we hope will produce a fantastic final tally.

Harris & Hoole Crowdfunding

Harris & Hoole, the coffee shop inside Tesco in Horley, regularly runs 'crowdfunding' months, to raise money for local charities; it's called #CoffeeCrowd. They encourage customers to donate either in cash or via a special Just Giving page. Robbie, the café manager at Horley, and his team, were great and promoted our Branch

through leaflets and social media. A grand total of £589 was raised during February.

We would like to thank Robbie and everyone in the team at Harris & Hoole, Horley (pictured opposite), for supporting our Branch and thereby helping us to support local people with MND.



Concert at The Hawth, Crawley in July

InChoir are putting on a concert at The Hawth over two nights, July 22nd and 23rd. InChoir regularly donates any profits made to various charities which benefit local people; the Motor Neurone Disease Association is one that is always high on their list, as some members in the various choir locations across Sussex, Surrey and Kent, have been touched by MND. The more tickets they sell for these two concerts, the more likely it is that the MNDA will

receive a donation! So, if you can, come along to hear 300 singers with a programme of popular music from the last few decades, which will have you tapping your feet, clapping your hands and whooping and cheering for more and (hopefully) benefit our Association into the bargain.

Tickets are available from the theatre - £13.50/concessions £12.50.



Pam Setford, 29th Nov - 29th Jan 2016

West Sussex North branch has recently been notified that Pam Setford, a branch member for many years, and probably known to many of you, has left a £10,000 legacy for the branch.

Pam was born in Jersey, on November 29th 1932. She had one brother, David and married the love of her life, Don Setford in St Helier on 11th August 1952. Don and Pam spent many holidays visiting France, New Zealand where her brother emigrated to, and of course Jersey.

Pam and Don became involved with our branch following Don's

diagnosis of MND. Throughout Don's illness and following his death in October 2005, Pam worked as a part time receptionist at the Dolphin's GP practice in Haywards Heath. She continued working there until two days before her admission to hospital for surgery from which she failed to recover.

Pam was a regular at our branch socials and was always happy to help out with street collections. She will be fondly remembered and her legacy will enable our branch to continue to help people like her beloved Don.

Horsham Quiz delivers again for the Branch

Andrew & Sandra Spriggs held their annual quiz night on 18th February in aid of our branch and St Catherine's Hospice.

19 Teams participated in a closely fought contest and the winners were at team called Six No Trumps. An excellent supper of sausage, mash and beans was cooked by Sandra and 2 friends. Local businesses were very supportive by donating raffle prizes which took over £500.

In total the evening raised £1,410 which has been split equally between the two charities. Everyone had a very enjoyable evening and are looking forward to next year's event.



Spa day for our carers



Taking care of the carers of people living with MND is one of the most important roles of our branch, so it always lovely to hear that they enjoyed themselves on one of the gifted Spa Days.

Branch Socials

Branch Socials 3 - 5pm at The Ark in Turners Hill.

- Sunday 25th June
- Sunday 20th August
- Sunday 15th October
- Sunday 3rd December

Horsham Collection

This year our annual collection is Saturday 3rd June – please contact Andy Spriggs if you can help.
andyjspriggs@tiscali.co.uk

News from Staplefield

Ron and Gill Stevenson took the opportunity recently in their Parish Magazine to record the various events which had been organised, and which benefitted the local Branch, and St. Peter and St. James Hospice, to 'the tune of many thousands of pounds'. Donations arrive from a variety of directions – the sale of Pat's beautiful embroidered greetings cards; bacon butties and hot dogs freshly cooked and served on Brighton Run Day by Elisabeth, Alison and the team from the '#marqueeatthephonebox'.

At St. Mark's, the Christmas Carol Concert nominated the local branch again this year as the beneficiary of the plate collection, and Carol and Andrew's culinary efforts and raffle at the Village

Lunch also yield periodical, and much appreciated, donations. Lately, 'Joyful Joy' has infiltrated a collection box into her adopted upholstery class and Hand-cross Quizzers presented a four-figure cheque at New Year. In October 2016, 'Team Ron' (composed of erstwhile members of Staplefield Cycling Club pedalled furiously (or perhaps sedately in some cases?) around Preston Park Velodrome in aid of The Martlets and local MNDA. On several other occasions, members of The Jolly Tanners CC have raised funds by applying willow to leather repeatedly in the glorious Sussex summer sunshine on Staplefield Common.

Recently, Janet and Jane, landladies at The Victory held a 'Quiz and Curry and

bring something to be auctioned' night at their pub. 65 quizzers packed out the pub, enjoying four different curries, and raised an incredible £1,085. The lovely landladies have since decided to adopt the West Sussex North Branch of the MNDA, together with St. Mark's, the village primary school, as their charities for 2017, which is great news; other events will be held throughout the year.

Ron and Gill went on to offer their sincere thanks to everyone, whether they be committee members or dedicated volunteers, who give up valuable time to support local families living with MND, saying how much their efforts were appreciated.

Working with the East Sussex Branch at Plumpton Races



We were invited to join with the East Sussex Branch at Plumpton Racecourse on Monday 27th March for the Injured Jockeys' Fund Race Day. For this joint event we were supplied with a marquee which enabled us to run a tombola and a raffle. Prizes for the raffle were theatre tickets and a limited edition print by local artist Sally Martin; tombola prizes were generously donated by Branch members and their friends and

families. As there was to be an exit collection, a team of willing volunteers positioned themselves at each of the exits – fortunately the sun was shining and the day was a great success. A grand total of £1,333.44 was raised, which will be divided between the two Branches. This event was the most successful charity collection that Plumpton has had in the past 3 years.

Branch AGM

Our branch AGM was held on Sunday 2nd April 2017 at the Redwood Centre in Haywards Heath. As always the AGM was well supported by our branch members. This year marked the end of our Chairman's first year at the helm and Julie provided an overview of branch activities and achievements. All of our wonderful volunteers and fundraisers were formally thanked for their endless support and enthusiasm.

Chris Sheridan gave an update on how we support people with MND and thanked our Association Visitors for their dedication to the branch.

After 15 years in various roles, Nick

Cottom has stepped down as a volunteer for the branch. He was thanked for everything he has done for the branch and was presented with a voucher for afternoon tea at Gravetye Manor.

Following the formal business of the AGM, we welcomed Karen Pearce, Director of Care for the South for the

MND Association who gave a presentation on the work of, and the new strategy for the Association.

The meeting ended in our usual manner with copious amounts of tea, cake and chatting. Thank you to everyone who attended.



Committee

President

Dr Steve Dyer

Chair

Julie Unsted
07709 425957

Julie@
mndwestsussexnorth
.com

Vice Chair

Chris Sheridan
01444 245486

Secretary

Liz Carter
01444 483952

Treasurer

Mike Abbott
01444 455084

Newsletter

Editor

Joanne Rogers

Committee Members

Christine Colbourne

Association Visitors

Chris Sheridan
Stephanie Barfield
Carol Rieley

Other ways of getting in touch...

www.mndwestsussex
north.com

westsussexnorth
@mndassociation.org

Facebook:
mndwestsussexnorth

Twitter:
@mndwestsussexnorth

Treasurer's List of Monies Received & Spent

Thank you to everyone for their contributions. The below are the cleared funds received for the first quarter 2017.

(All information was the best available at time of going to press).

MONEY RECEIVED

Money from activities:

St Marks Church Staplefield Carol Service	£128
Handcross Quizzers	£1,060
Andy & Sandra Spriggs Quiz Night	£705
Mark Streeter - Round the Island Yacht Race (Mark Streeter total to date - £1,780)	£90
Horsham Joggers	£305
Staplefield Upholstery Group - Sale of Furniture	£167
Ed Compton - Tunbridge Wells Half Marathon	£458
Branch - Plumpton Races - Collection, Raffle & Tombola	£667
Martlets Hospice - Pedal in Preston Park	£390
Pamela Fry - Pedal in Preston Park	£25
Shaun Hartley - Pedal in Preston Park	£21
The Ark - Sales of Tea and Cakes	£13

Donations and Gifts:

Waitrose Horsham	£320
------------------	------

Legacies:

Pamela Setford	£10,000
----------------	---------

Donations & gifts in memoriam:

Bells of Hammerwood - Christmas Bell Ringing (in mem. Brian Emmett)	£295
Alan Lester (in mem. Brian Emmett)	£250
Rosemary Yates (in mem. Brian Emmett)	£50
East Grinstead Meridian WI	£50
Brighton Road Baptist Church Horsham	£125

Donations & gifts in memoriam (continued):

In mem. Trevor Akers	£365
In mem. Pat Manthorpe	£660
Victoria Lowe (in mem. her cousin)	£50
St Wilfreds Church Haywards Heath (in mem. Marjorie Weatherstone)	£200

Other income:

Bank Interest	£35
Other Gift Aid	£109

MONEY SPENT

Financial Support for members & carers:

Bio-bidet and Installation	£870
Lightweight Wheelchair	£125

Expenses:

Visitors - Travel Allowance	£307
South East Annual Conference (three delegates)	£360

Other:

Annual transfer to National Office - Towards Care and Research	£11,197
--	---------

PUBLISHED BY: West Sussex North Branch of the MND Association.

The views expressed in this newsletter are not necessarily those of the MND Association. If products and services are mentioned, these should not be taken as recommendations by the Association, who cannot be held responsible should any complaint arise.

We would like to keep in contact with you about the important work we do. If you do not wish to receive further information please contact a member of the Committee.

MND Connect

The number is
0808 802 6262